



# PSHE

## Curriculum Statement

At Drake's and Otterton C of E Primary Schools, we want our children to become resilient, positive, articulate young people who are able to make well informed life choices. We believe that teaching a broad and rich curriculum which focussed on PSHE, as well as the enrichment opportunities we offer our pupils, will support our pupils to reach this goal.

### Intent

At Drake's and Otterton C of E Primary Schools, the principal aim of PSHE is to allow pupils to develop the knowledge, skills and attributes they need to keep themselves healthy and safe, and prepared for life in the future. We cover the three core themes of PSHE, Health and Well Being, Relationships and Living in the Wider World. It is our intent that all children will be 'lifelong learners' with the confidence and ability to develop their skills and understanding when having new experiences, meeting new challenges and finding themselves in unfamiliar situations. We offer a nurturing learning environment in which each child is encouraged to develop their full potential and where their achievements and successes are celebrated and rewarded. We believe that children are all individuals and therefore we aim to encourage mutual respect, responsibility and foster self-esteem in a happy and caring atmosphere. The teaching and learning of PSHE using the Jigsaw programme support this.

### Implementation

Through using the Jigsaw scheme and resources, our children acquire knowledge, understanding and the skills they need to manage their lives now and in their futures. It develops the qualities and attributes children need to thrive as individuals, family members and members of society and the global community. Jigsaw is implemented throughout the whole school during weekly whole class Jigsaw lessons focusing on different topics each term and is embedded through all lessons and the whole school day with everyone supporting and encouraging the children they interact with to use the skills they are developing and to make links to other areas of learning. During the termly assembly the children are introduced to the mindfulness theme of the term.

The aims of PSHE and Jigsaw within Drake's and Otterton C of E Primary Schools are to provide children with:

- accurate and relevant knowledge
- opportunities to create personal understanding
- opportunities to explore and challenge a range of values, attitudes, beliefs, rights and responsibilities
- a range of skills and strategies to live a healthy, safe, fulfilling, responsible and balanced life

Jigsaw deals with the diverse beliefs, values and attitudes that individuals and societies hold. It helps pupils to develop themselves, their understanding of the world, and their ability to communicate their feelings. Children at Drake's and Otterton C of E Primary Schools also acquire an understanding and experiences of British values that are necessary if they are to make sense of their experiences, value themselves, respect others, appreciate differences and feel confident and informed as a British citizen.

We have a number of events which further enhance our PSHE provision. These include: Mental Health Week, Anti Bullying/Friendship Week, Random Acts of Kindness, visitors from police, ambulance etc, Internet Safety Week, our student council and numerous community events. Our termly assembly planner plans for all aspects of British Values and links in community and charity events to ensure our children are positive and well informed.

### Impact

At Drake's and Otterton C of E Primary Schools, we seek to ensure that the PSHE that we teach, improves the physical and social well-being of pupils. Through our PSHE education, we believe we can enhance children's education and help them to become caring, respectful, aspirational and confident individuals. Providing a consistent and regular delivery of Jigsaw enhanced by additional stand-alone events, allows us to fulfil this.

The Curriculum Leader for PSHE is: Mrs Catherine Tribble

### PSHE in the Early Years:

PSHE sits within the areas of 'Personal, Social and Emotional Development' and 'Understanding of the World'. From an early age, the children at Drake's and Otterton C of E Primary Schools learn to develop respectful communication and they are aware of the feelings and wishes of others. From Pre-school age the children participate in weekly circle times. The continuous provision is planned to provide the children with the opportunity to further develop the skills that they have learnt from Jigsaw and then to use them independently. The youngest learners in the school are exposed too and participate in upholding our British Values. The children are encouraged to listen, be kind to each other and share with others.